# Maundy Thursday and Good Friday Services



#### Introduction

The Sacred Paschal Triduum begins with the Evening Service of the Lord's Supper on Holy Thursday. The word Triduum comes from the Latin for "three days." These three days are the highpoint of our entire liturgical year. Holy Thursday especially commemorates Jesus's command to serve others, modelled explicitly in the washing of feet and the celebration of the Eucharist. How do you serve others in your own family and community? Why is it important to connect our daily service to others with Jesus's command to do so?

Even when we are unable to gather to celebrate Eucharist, we are still called to be a eucharistic people. Jesus's self-gift in the Eucharist allows us to give freely of ourselves to others, following Jesus's instructions, "Do this in memory of me." Our own table fellowship with our family and friends is also a participation in the Eucharist, because the Eucharist by its very nature is deeply relational. If we limit our understanding of Eucharist to only what we receive at communion, we are missing a major part of Christ's invitation to us. "Do this in memory of me" is a command and call to action. Do we dare to live our lives following the example of Christ?

#### **Ritual at Home**

The footwashing, has been a Holy Thursday practice since as early as the seventh century. A concrete representation of our call to service, the foot washing in the Holy Thursday liturgy reminds us of Jesus's example and command. If we truly understand this command, however, we realize that we are called to do more than literally wash feet. Rather, this is a ritual that reminds us of our call to serve others through the concrete realities of life.

# Place a pitcher of water, a large bowl, and a towel in front of those gathered.

In the name of the Father and of the Son and of the Holy Spirit. **Amen.** 

Our Lord Jesus Christ says, 'If you love me, keep my commandments.' 'Unless I wash you, you have no part of me.' Let us confess to almighty God our sins against his love.

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

The Collect of the day is said

God our Father,

you have invited us to share in the supper which your Son gave to his Church to proclaim his death until he comes: may he nourish us by his presence, and unite us in his love; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.** 

### First Scripture Reading : 1 Corinthians 11.23-26

Gospel Reading : John 13:1-17, 31b-35 is read

## Reflection

#### Intercessions

Confident that Jesus Christ hears our prayer, let us offer our petitions with open hearts.

For all who serve in our church: May they follow the example of Christ and uphold the dignity of all people.

For all who serve in our country and community: May they work for the good of all people, especially those who are poor and on the margins of society.

For all who serve others each day, especially parents, guardians, teachers, and those who care for the sick and suffering: May they find comfort, hope and fulfilment knowing that their service makes a difference to many.

For all gathered here: May we live lives of service to God and one another, even when it is difficult or requires extra effort.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

#### Prayer

Lord Jesus Christ, you have taught us that what we do for the least of our brothers and sisters we do also for you: give us the will to be the servant of others as you were the servant of all, and gave up your life and died for us, but are alive and reign, now and for ever.

#### Amen.

Jesus says: 'Peace I leave with you; my peace I give to you.

Do not let your hearts be troubled, neither let them be afraid.'

### The Conclusion

When the disciples had sung a hymn they went out to the Mount of Olives. Jesus prayed to the Father, 'If it is possible, take this cup of suffering from me.' He said to his disciples, 'How is it that you were not able to keep watch with me for one hour? The hour has come for the Son of Man to be handed over to the power of sinners.' **Amen.** 

# Friday of the Passion of the Lord (Good Friday)

#### Introduction

As we celebrate the Passion of Jesus Christ and hear John's Gospel account of his suffering and death, we are reminded of the injustices that pervade our world. Often times these systems of oppression, hate, and fear are so commonplace in our world that perhaps we do not even notice them. Good Friday serves as a good reminder of this reality. It is easy to become discouraged, to see the work that has to be done and look away. Today we pray that we may have the conscience to see and the courage to act, remembering that death never wins. Life and love always prevail in Christ.

The traditional Good Friday liturgy contains three unique components: the reading of John's Passion, the praying of The Solemn Intercessions, and the Adoration of the Holy Cross. Each of these helps us enter more fully into our relationship with Christ and recommits us to pray and work for the good of the church and world.

#### **Ritual at Home**

The Adoration of the Holy Cross begins with a Showing of the Holy Cross. While there are two options for this ritual, unveiling the cross or processing the cross through church, both forms include a sung proclamation: Behold, the wood of the Cross. The rubrics for the Adoration of the Cross call for a cross rather than a crucifix, as it highlights the major symbol of the crucified and risen Christ. Rather than an act of idolatry, the Adoration of the Cross points us to the Risen Christ. Place a plain cross in front of you on a table with candles if you wish.

## **Opening Prayer**

Eternal God,

in the cross of Jesus we see the cost of our sin and the depth of your love: in humble hope and fear may we place at his feet all that we have and all that we are, through Jesus Christ our Lord. **Amen.** 

#### **Passion Gospel**

#### John 18:1–19:42 is read

#### **Reflecting on the Cross**

Place a cross on a table or some other place of honour, adding candles if you wish. Be sure to allow some time in silent reflection as you gaze upon the cross and grow in relationship with Jesus.

Part of the beauty of the Adoration of the Cross is the time for personal prayer and reflection, as well as performing individual acts of reverence. Do not let this time be cluttered by words but bask in the power of the cross as a symbol of not only death but ultimately of Resurrection.

To begin and end the time of reflection, simply proclaim and respond:

Behold, the wood of the Cross, on which hung the Saviour of the world

### **Litany for Forgiveness**

For the times we have not loved as we are called to love . . . *Father, forgive.* 

For the times we have cultivated doubt instead of hope . . . *Father, forgive.* 

For the times that selfishness, greed, and lust influence our decisions . . . *Father, forgive.* 

For the times we nurture isolation instead of community . . . *Father, forgive.* 

For the times we hear the needs of others but refuse to act . . . *Father, forgive.* 

For the times we pass judgment on ourselves and those whom we encounter . . . *Father, forgive.* 

For the times we create divisions . . . Father, forgive.

For the times we neglect care for our common home . . . *Father, forgive.* 

For the times we are not good stewards of the gifts you give us . . . *Father, forgive.* 

#### Intercessions:

Let us pray for the church of God throughout the world:

- for unity in faith, witness and service,
- for bishops and other ministers and those whom they serve
- for our bishops and the people of this diocese
- for all Christian people
- for those who are mocked and persecuted for their faith

Lord, hear our prayers for your church, through your son Jesus Christ, that all your faithful people may serve you in holiness and truth, confirmed in faith, increased in love, preserved in peace.

Let us pray for the nations of this world and their leaders: - for all who administer the law and all who serve in public office for all who have power, and the responsibility that it impliesfor all who strive for justice and for peace.

Lord, hear our prayers for your world, through your Son Jesus Christ, that by the power of your Spirit, the peace that is your will may be established throughout the world.

Let us pray for those of other faiths, and those who are without faith:

- for greater understanding between Christians and those of other faiths
- for all who have not heard the message of salvation
- for those who have lost faith
- for the grace to be faithful to God's covenant and to grow in the love of his name.

Lord, hear our prayers for all the people of the earth, through your son Jesus Christ, that we may dwell together in mutual compassion and understanding.

Let us pray for those who suffer

- for those who are deprived and oppressed
- for all who are ill
- for those in darkness, doubt and despair, in loneliness and in fear
- for prisoners,
- for the victims of false accusation and violence
- for all at the point of death and those who watch beside them.

Lord, hear our prayers for all in any kind of suffering, through your Son Jesus Christ, that they may be sustained by the knowledge of your love and find comfort, strength, and hope.

Let us commend ourselves and all God's children to his unfailing love, and pray for the grace of a holy life, that with all who have died in the peace of Christ, we may come to the fullness of eternal life and the joy of the resurrection. Merciful Father Accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

#### Prayer

Most merciful God,

who by the death and resurrection of your Son Jesus Christ delivered and saved the world. Grant that by faith in him who suffered on the cross we may triumph in the power of his victory; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God now and for ever.

#### Amen.

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